

Who's on First? The Caffeine One-Minute Intelligence Test

If you want to contemplate the 4th dimension, try to exceed the speed of light, or just figure out how to connect your new DVD or cappuccino maker, you should be interested in finding out how much coffee and caffeine can rev up your brain power.

Did you ever have annoying teachers who said that you had to work hard to get smarter? It turns out that they were wrong. The fact is that you can ramp up your IQ by drinking a mug of filter drip mocha java and enjoy yourself at the same time—and you can prove it for yourself with this Caffeine One Minute Intelligence Test!

This isn't a joke, or a trick, and it's not done with mirrors. So how does it work? Scientific studies prove that caffeine improves abstract reasoning and also happens to boost memory, verbal fluency, and speeds reaction time. Caffeine simply makes your IQ go up. The higher your IQ is to begin with, the higher it will end up being after you raise it with caffeine. But no matter how dumb you are, or how smart you are—or think you are—coffee or caffeine can and will make you just that much smarter.

You can get an idea how much smarter coffee makes you, by measuring how much caffeine increases your reasoning ability. You can do this in just one minute.

Instructions for One-Minute Intelligence Test:

Take this test before and after drinking coffee, cappuccino, frappuccino, espresso, or other dynamite concoctions, or dropping a caffeine pill or two. Compare your results.

This is a speed test that measures how quickly and correctly you can perform elementary logical operations before and after taking caffeine. We provide no average scores. The whole point is to see how much improvement you can achieve with different doses of caffeine. Use a kitchen timer or have a friend keep track of the second hand on his watch. Don't tell your friend that you're about to become smarter, or he may become intimidated. Write the numbers 1 through 20 on a separate sheet of paper and put your answers the questions next to each number. Your score is your number of correct answers. Record your score when you have not taken caffeine for at least 6 hours and after taking caffeine in different doses. Alternate between Test 1 and Test 2 in order to avoid learning the correct answers.

Don't develop an inferiority complex if you can't answer all of the questions within one minute. Few people can. The whole idea of the test isn't to see how high a score you can get, but to find out how much improvement you can get by using caffeine. If you show some righteous improvement on this test, you'll probably show the same kind of improvement in almost all of your mental functions after you chugalug some coffee.

After each statement, there is a letter pair to which it refers. Circle either “True” or “False” depending on whether the statement is true or false.

Example #1:

B is followed by A AB True False

In the letter combination AB, B is not followed by A. Therefore the correct answer is “False.”

Example #2:

B is not preceded by A BA True False

In the letter combination BA, B is not preceded by A. Therefore the correct answer is “True.”

The One-Minute Intelligence Test:

Number the lines on a separate sheet of paper, 1 through 25. Write your answers next to each number and check them with the answers given at the end of this section.

Test #1—You have 1 minute to complete the questions in this test.

- | | | | |
|---------------------------|----|------|-------|
| 1. A follows B | AB | True | False |
| 2. B does not precede A | AB | True | False |
| 3. B is followed by A | BA | True | False |
| 4. A precedes B | AB | True | False |
| 5. B precedes A | AB | True | False |
| 6. A is not followed by B | BA | True | False |
| 7. A is followed by B | AB | True | False |
| 8. B is followed by A | AB | True | False |
| 9. B is not preceded by A | BA | True | False |
| 10. B follows A | AB | True | False |
| 11. A does not follow B | BA | True | False |
| 12. B is preceded by A | BA | True | False |

- | | | | |
|----------------------------|----|------|-------|
| 13. A is followed by B | BA | True | False |
| 14. B does not follow A | AB | True | False |
| 15. A follows B | AB | True | False |
| 16. B precedes A | BA | True | False |
| 17. B is not followed by A | AB | True | False |
| 18. A is not preceded by B | BA | True | False |
| 19. A precedes B | BA | True | False |
| 20. B is followed by A | AB | True | False |
| 21. A does not precede B | AB | True | False |
| 22. A is followed by B | BA | True | False |
| 23. B is not followed by A | BA | True | False |
| 24. B precedes A | BA | True | False |
| 25. A is not preceded by B | AB | True | False |

Test #2—You have 1 minute to complete the questions in this test.

- | | | | |
|---------------------------|----|------|-------|
| 1. B follows A | AB | True | False |
| 2. A does not precede B | AB | True | False |
| 3. A is followed by B | BA | True | False |
| 4. B precedes A | AB | True | False |
| 5. A precedes B | AB | True | False |
| 6. B is not followed by A | BA | True | False |
| 7. B is followed by A | AB | True | False |
| 8. A is followed by B | AB | True | False |

9. A is not preceded by B	BA	True	False
10. A follows B	AB	True	False
11. B does not follow A	BA	True	False
12. A is preceded by B	BA	True	False
13. B is followed by A	BA	True	False
14. A does not follow B	AB	True	False
15. B follows A	AB	True	False
16. A precedes B	BA	True	False
17. A is not followed by B	AB	True	False
18. B is not preceded by A	BA	True	False
19. B precedes A	BA	True	False
20. A is followed by B	AB	True	False
21. B does not precede A	BA	True	False
22. A does not follow B	BA	True	False
23. A precedes B	AB	True	False
24. B is followed by A	AB	True	False
25. B does not follow A	AB	True	False

Answers:

Test #1

1. F
2. T
3. T
4. T
5. F
6. T
7. T
8. F

9. T
10. T
11. F
12. F
13. F
14. F
15. F
16. T
17. T
18. F
19. F
20. F
21. F
22. F
23. F
24. T
25. T

Test #2

1. T
2. F
3. F
4. F
5. T
6. F
7. F
8. T
9. F
10. F
11. T
12. T
13. T
14. T
15. T
16. F
17. F
18. T
19. T
20. T
21. F
22. F
23. T
24. F
25. F

